

# Aikane Belez, MSED, ATC, CEAS

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## WORK EXPERIENCE

### **Certified Athletic Trainer/Ergonomics Specialist**

*ABATES.org* Los Angeles, CA March 2010 – present

- Provide athletic training and therapeutic exercise sessions for patients with conditions such as: Parkinson's Disease, Multiple Sclerosis, disc herniations, scoliosis, HIV, stenosis, and posture dysfunction, under the supervision of a chiropractor and a neurologist
- Perform ergonomic assessments (workstation analysis) for patients and private clients, both in clinic and on site
- Maintain accounts payable and accounts receivable

### **Workman's Compensation Coordinator/Athletic Trainer**

*Sports & Ortho Physical Therapy* Chicago, IL August 2006-January 2010

- Perform Functional Capacity Evaluation (FCE) testing, Pre-Employment/Post Offer screenings, Ergonomic Assessments, and Job Analysis for local companies
- Responsible for overseeing, and adapting, therapeutic exercise sessions for all physical therapy patients
- Customize internal and external marketing efforts, maintain database of marketing contacts, and develop and attend marketing events

### **Assistant Professor/Assistant Athletic Trainer**

*Tusculum College* Greeneville, TN August 2005 – August 2006

- Responsible for academic and clinical education components within the Athletic Training Education Program, including:
  - ATEP 417: Management Strategies in Athletic Training
  - ATEP 116: Responding to Emergencies
  - ATEP 285/286: Therapeutic Modalities and Rehabilitation
  - PHED 380: Kinesiology
  - ATEP 133/135: Clinical Experience 3/5
  - ATEP 450: Special Offering in Sports Nutrition and Supplementation
- Provided full athletic training coverage for nationally-ranked Men's and Women's soccer teams
- Supervised athletic training students with Men's and Women's soccer teams

**Certified Athletic Trainer***Independent Contractor* June 2003 – August 2005

- Virginia Wesleyan College softball and tennis teams Spring 2005
- Christopher Newport University track teams Spring 2004
- Provided event coverage for various events around the country

**Graduate Teaching Assistant***Old Dominion University* Norfolk, VA August 2003 – May 2005

- Laboratory Instructor for EXSC 322 (*Anatomical Kinesiology and Human Anatomy*) and EXSC 417W (*Advanced Biomechanics*), co-instructor for HE 224 (*Advanced First Aid*)
- Responsible for assisting faculty and students with various research projects, including data collection and reduction, abstract creation, and creation of research protocols
- Teaching assistant during first year responsible for assisting in weekly laboratory sessions, practical exam setup, and grading for EXSC 322 (*Anatomical Kinesiology and Human Anatomy*) and EXSC 417W (*Advanced Biomechanics*)

**Athletic Training Student***University of Tampa* Tampa, FL August 2000 – May 2003

- Completed rotations with women's basketball team, NFL Europe's Scottish Claymores, and Daytona Beach Community College

**Wellness Coordinator***ProActive Health & Fitness* Ruskin, FL September 1999 – June 2000

- Responsible for daily exercise supervision for elderly and special populations, and initial fitness evaluations and re-evaluations
- Primary contact for potential clients (phone, health fairs, etc.)
- Assisted with supervision of fitness interns
- Collected monthly dues and wrote monthly newsletter
- Assisted in physical therapy clinic (therapy routines, insurance billing, answering phones, maintaining correct documentation, etc.)

**EDUCATION****Master of Science in Education** December 2005*Old Dominion University* Norfolk, VA**Bachelor of Science in Athletic Training** May 2003*The University of Tampa* Tampa, FL**Associate of Arts, Emphasis: Physical Therapy** August 2000*Hillsborough Community College* Tampa, FL**Certificate in Massage Therapy** December 1999*Sarasota School of Massage Therapy* Sarasota, FL

**PRESENTATIONS** Professional Presentations:

*Athletic Training and the HIV positive patient.* 2012 NATA Annual Meeting – Special Topics workshop. St. Louis, MO.

*Athletic Training and the HIV positive patient.* 2012 FWATA Annual Meeting – General Presentation. San Diego, CA

Belez A, Van Lunen B, Oñate J, Arnold B. Reliability of a Hand-Held Dynamometer Cable Resistance System for Hip Strength Measurements. 2005 NATA Annual Meeting – Free Communications (Poster Presentation). Indianapolis, IN.

**PUBLICATIONS** Refereed Published Abstracts:

Cortes N, Belez AL, Van Lunen BL, Onate JA, Romani W, Houglum P. Hip Kinematics in Volleyball Athletes With Patella Tendinopathy. 2006 NATA Annual Meeting – Free Communications. Atlanta, GA.

Van Lunen BL, Belez AL, Onate JA, Houglum P, Romani W, Cortes N. Hip Strength and Peak Vertical Ground Reaction Forces in Volleyball Athletes With Patella Tendinopathy. 2006 NATA Annual Meeting – Free Communications. Atlanta, GA.

Oñate JA, Belez AL, Van Lunen BL, Cortes N. Lower extremity motion patterns in youth sports camp participants performing five types of sport-specific stop-jump landing tasks. 2005 NATA Annual Meeting – Free Communications. Indianapolis, IN.

**PROFESSIONAL AFFILIATIONS****Board of Certification, Inc.**

Home Study CEU Reviewer October 2012 – present

**NATA Career Assistance Project Team**

Co-Chair January 2012 – present

Committee Member June 2011 – present

**National Athletic Trainers Association**

Member June 2003 - present

**PROFESSIONAL CERTIFICATIONS**

Certified Athletic Trainer (BOC# 060302330)

Certified Ergonomics Assessment Specialist (CEAS)

National Provider Identification (1407818875)

<b>CONTINUING EDUCATION</b>	Relearning Kinesia Treatment: Treating Parkinson's Disorders	Cross Country Education	November 2011
	McKenzie Mechanical Diagnosis and Therapy – Part A: Lumbar Spine	McKenzie Institute	February 2011
	Using Yoga Therapeutically	California Education Connection	January 2011
	Post-Offer Screenings and Job Analysis	Roy Matheson Associates	February 2009
	Functional Capacity Evaluation Certification Program	Roy Matheson Associates	April 2008
	Level 1: Musculoskeletal Disorders and Ergonomics	Back School of Atlanta	April 2008
	Butler's Mobilisation of the Nervous System	Neurorthopedic Institute	Sept. 2007
	Return-To-Work Programs	Roy Matheson Associates	April 2007
	Performance Nutrition	NATA-BOC Home Study Course	December 2006
	The Pain Predicament	CINN	November 2006

## **REFERENCES**

**Available upon request.**